

**WEEKLY NEW BRUNSWICK INFLUENZA REPORT**  
Reporting period: January 1, 2012 – January 7, 2012 (week 1)

**Summary**

**In New Brunswick, low influenza activity for week 1 and within expected levels**

**New Brunswick:**

- There have been no positive influenza detections during week 1, consistent with baseline levels.
- The ILI consultation rate in week 1 was low and slightly below the expected range for this time of year.
- No new ILI or influenza outbreaks were reported in week 1.

**Canada:**

- Influenza activity is similar to previous weeks on all indicators. Certain regions reporting increased activity (western provinces, ON and QC) while activity remains low in the rest (Atlantic region, MB and the Territories).
- 109 laboratory detections of influenza were reported, proportion of positive tests was 2.9%.
- The ILI consultation rate was within the expected levels for this time of year. 3 influenza outbreaks were reported: 1 long-term care facility in QC and 2 in hospitals in BC.

**International:**

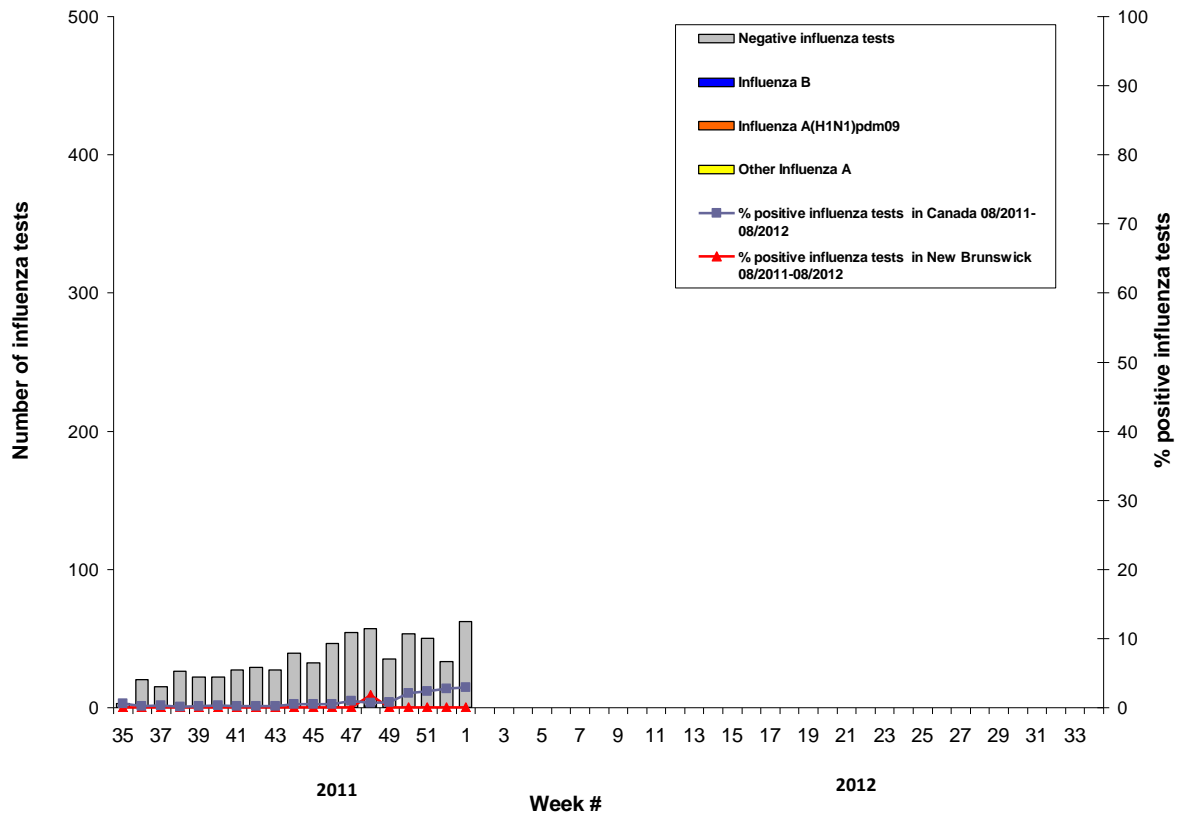
- United States: On January 6, 2012 CDC provided a summary of the 12 human infections with influenza A (H3N2) variant viruses that have the matrix (M) gene from the influenza A (H1N1)pmd09 virus. The 12 cases occurred in five states (Indiana, Iowa, Maine, Pennsylvania, and West Virginia), and 11 were children. Six of the 12 patients had no identified recent exposure to swine. Three of the 12 patients were hospitalized. The last two cases were children who regularly attended the same day care. All cases have recovered fully. No such infections have been reported in Canada.

**1) Influenza Laboratory Data<sup>1</sup>**

- Overall influenza activity remains low in week 1.
- No influenza detections were reported during that period.
- Since the beginning of the season, one positive influenza detection has been reported.

<sup>1</sup> Surveillance specimens are submitted by recruited New Brunswick Sentinel Practitioner Influenza Network (NB SPIN) practitioners, which are comprised of 7 sites in Emergency Rooms, 5 sites in Family Practice, 3 sites in First Nations communities, 1 site in a Nursing Home, 3 sites in Universities and 8 sites in Community Health Centers. Diagnostic specimens are submitted by physicians in the community/hospital setting. Influenza laboratory data is comprised of results from surveillance and diagnostic specimens. All laboratory specimens are tested using a real-time PCR assay, which is a rapid detection method designed for detection of all known variants of influenza A and B. All laboratory-confirmed cases are reported for the week when laboratory confirmation was received.

**Graph 1:** Number and percent of positive influenza specimens in New Brunswick, by week, up to January 7, 2012 (data source: G. Dumont lab results)



**Table 1: Positive influenza test results by Health Region in New Brunswick up to January 7, 2012 (data source: G. Dumont lab results)**

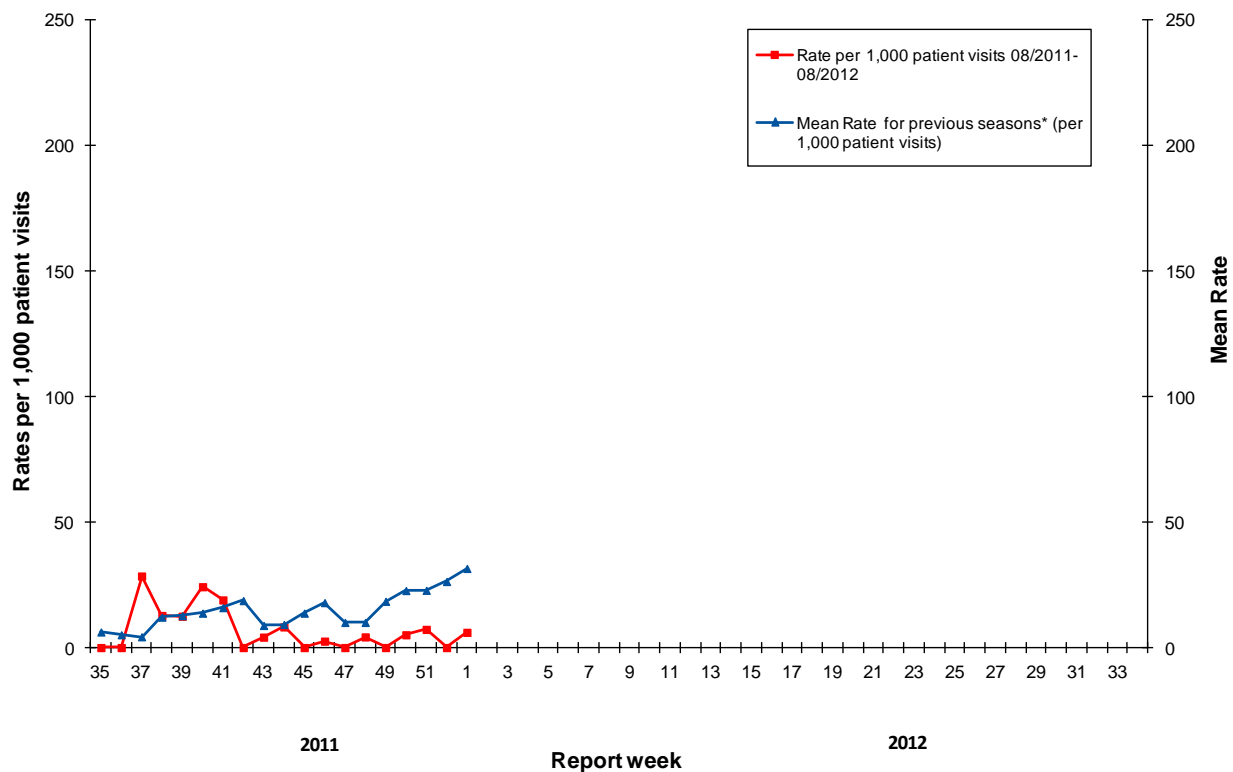
Region	Reporting period:						Cumulative: (2011/2012 season)					Cumulative: (2010/2011 season)		
	January/01/2012–January/07/2012						Aug./28/2011 –Jan./07/2012					Aug./29/2010 – Aug./27/2011		
	Activity level <sup>2</sup>	A				B	A				B	A		B
A(H1)		A(H3)	(H1N1) pdm09	unsubt yped		A(H1)	A(H3)	(H1N1) pdm09	unsubt yped		Non-pH1N1	pH1N1		
Region 1	No activity	0	0	0	0	0	0	0	0	0	1	433	56	29
Region 2	No activity	0	0	0	0	0	0	0	0	0	0	57	2	13
Region 3	No activity	0	0	0	0	0	0	0	0	0	0	112	16	19
Region 4	No activity	0	0	0	0	0	0	0	0	0	0	79	58	56
Region 5	No activity	0	0	0	0	0	0	0	0	0	0	26	3	1
Region 6	No activity	0	0	0	0	0	0	0	0	0	0	46	27	5
Region 7	No activity	0	0	0	0	0	0	0	0	0	0	32	3	3
Total NB		0	0	0	0	0	0	0	0	0	1	785	165	126

<sup>2</sup> Influenza activity level definition is available on the PHAC FluWatch website: <http://www.phac-aspc.gc.ca/fluwatch/11-12/def11-12-eng.php>

## 2) ILI Consultation Rates<sup>3</sup>

- During week 1, the ILI consultation rate was 6.1 consultations per 1,000 patient visits, and is slightly below the expected levels for this time of year.
- During week 1, the sentinel response rate was 36% for the FluWatch sentinel physicians and 39% for the NB SPIN practitioners. (5 FluWatch and 7 NB SPIN)

Graph 2: ILI Consultation Rates in New Brunswick, by report week, season 2011/12 compared to previous seasons\*



\* The mean rate was based on data from the 1996/97 to 2010/2011 seasons and excludes the Pandemic season (2009-2010).

<sup>3</sup> A total of 32 practitioner sites (14 FluWatch sentinel physicians and 18 NB SPIN sites) are recruited this season to report the number of ILI patients and total patient consultations one day during a reporting week.

### 3) ILI and Laboratory-Confirmed Outbreak Data

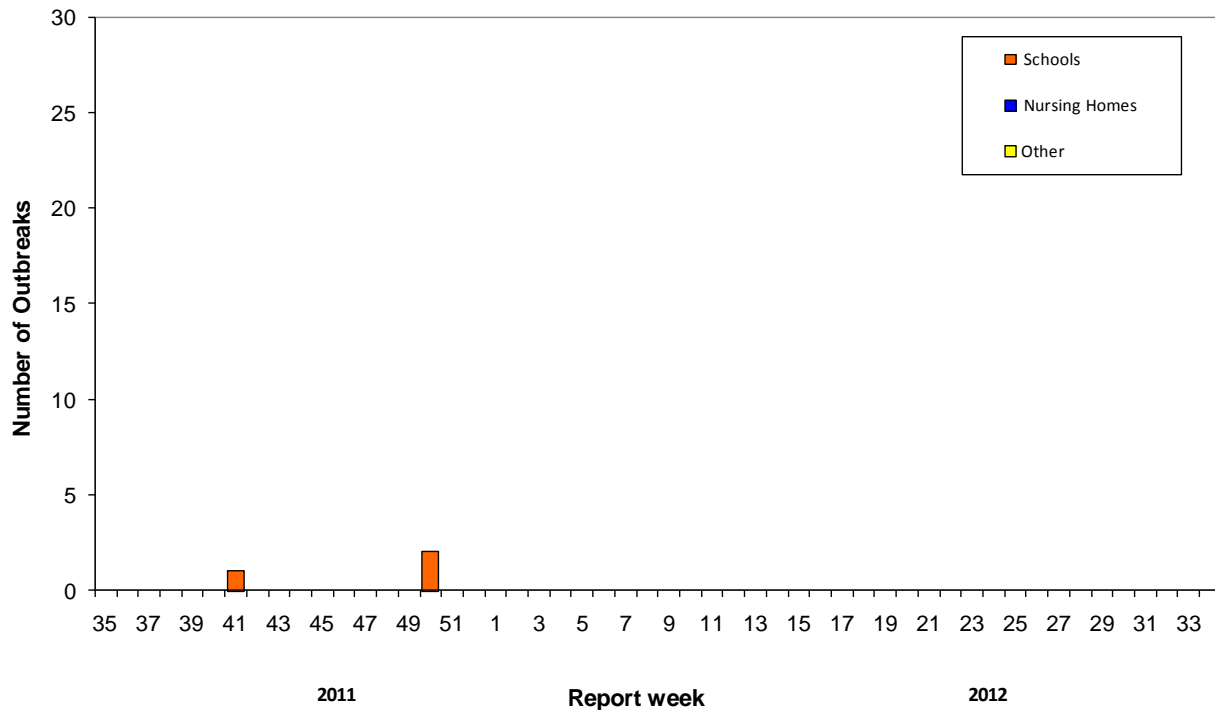
Table 2: ILI activity/outbreaks in New Brunswick nursing homes and schools for the reporting week, current and previous seasons.

	Reporting period: January/01/2012 –January/07/2012			Cumulative # of outbreaks season 2011-2012	Cumulative # of outbreaks season 2010-2011
	Lab-confirmed outbreaks in Nursing Homes*	Schools reporting ILI outbreaks**	Lab-confirmed outbreaks in Other Settings*		
Region 1	0 out of 13	0 out of 74	0	0	17
Region 2	0 out of 15	0 out of 81	0	1	21
Region 3	0 out of 14	0 out of 95	0	0	12
Region 4	0 out of 6	0 out of 22	0	0	12
Region 5	0 out of 2	0 out of 18	0	1	17
Region 6	0 out of 9	0 out of 35	0	0	10
Region 7	0 out of 4	0 out of 27	0	1	22
Total NB	0 out of 63	0 out of 352	0	3	111

\*Two or more ILI cases within a seven day period, including at least one laboratory-confirmed case of influenza. Outbreaks are reported in the week when laboratory confirmation is received.

\*\*Schools reporting greater than 10% absenteeism (or absenteeism that is higher (e.g. >5-10%) than expected level as determined by school or Public Health Authority) which is likely due to ILI.

**Graph 3: Number of Influenza Outbreaks in Nursing Homes<sup>1</sup> and ILI Outbreaks in Schools<sup>2</sup> reported to Public Health in New Brunswick, by report week, season 2011/12.**



<sup>1</sup> The National FluWatch definition of an outbreak in a nursing home is stated as two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case.

<sup>2</sup> The National FluWatch definition of an ILI outbreak in a school is stated as absenteeism greater than 10% (or absenteeism that is higher (e.g.>5-10%) than expected level as determined by school or Public Health Authority) which is likely due to ILI.

**National Flu Watch Program** - Additional information on influenza activity in Canada and around the world is available on the Public Health Agency of Canada’s website at:

[www.phac-aspc.gc.ca/fluwatch/index.html](http://www.phac-aspc.gc.ca/fluwatch/index.html)

**Other Links:**

World-

[http://www.who.int/influenza/surveillance\\_monitoring/updates/latest\\_update\\_GIP\\_surveillance/en/index.html](http://www.who.int/influenza/surveillance_monitoring/updates/latest_update_GIP_surveillance/en/index.html)

Europe: [http://www.euroflu.org/cgi-files/bulletin\\_v2.cgi](http://www.euroflu.org/cgi-files/bulletin_v2.cgi) and

[http://www.ecdc.europa.eu/en/healthtopics/seasonal\\_influenza/epidemiological\\_data/Pages/Weekly\\_Influenza\\_Surveillance\\_Overview.aspx](http://www.ecdc.europa.eu/en/healthtopics/seasonal_influenza/epidemiological_data/Pages/Weekly_Influenza_Surveillance_Overview.aspx)

PAHO: [http://new.paho.org/hq/index.php?option=com\\_content&task=blogcategory&id=805&Itemid=569](http://new.paho.org/hq/index.php?option=com_content&task=blogcategory&id=805&Itemid=569)

Australia: <http://www.health.gov.au/internet/main/publishing.nsf/Content/cda-surveil-ozflu-flucurr.htm>

New Zealand: [[http://www.surv.esr.cri.nz/virology/influenza\\_weekly\\_update.php](http://www.surv.esr.cri.nz/virology/influenza_weekly_update.php)

Argentina: [http://www.msal.gov.ar/archivos/INFORME%20INFLUENZA%20PANDÉMICA%20\\_H1N1\\_%2005-08-2009.pdf](http://www.msal.gov.ar/archivos/INFORME%20INFLUENZA%20PANDÉMICA%20_H1N1_%2005-08-2009.pdf)

South Africa: <http://www.nicd.ac.za/>

US: [www.cdc.gov/flu/weekly/](http://www.cdc.gov/flu/weekly/)